



National Association for Health & Fitness  
Annual Meeting

Austin, Texas

April 6, 2010

# NSPAPPH

- What it is
- Why it came to be
- What it has done
- What it expects to do
- Why you should know about it
- How you can learn more

# What NSPAPPH Is

- First national professional association of physical activity practitioners in the field of public health
- Elevates and promotes PAPH practice at national, state and local levels
- Educates, promotes evidence-based practice

# NSPAPPH: The Time Was Right

- PAPH growth since 1995
- 1995 CDC/ACSM Recommendations
- 1996 SG Report
- 2000 CDC Funded Programs
- Other Public Health Professional Orgs
- 2006 first ICPAPH: NSPAPPH Launch

# Accomplishments to Date

- MANY.....
- Quarterly educational teleconferences
- Publications Guidelines for members
- Policy Position Paper as part of PAC
- Support of PA section at APHA

# Accomplishments to Date

- Collaborative research project and publication with PAPRN:
- Defining a PA Policy and Environmental Research Agenda: Obtaining Perspectives of Practitioners and Researchers

# Accomplishments to Date

- **Developed Core Competencies**
- **2 peer-reviewed journal articles**
- **JPAH**
  - **Creation of NSPAPPH**
  - **Development of Core Competencies**

# Advancing the Profession: Physical Activity in Public Health Specialist (PAPHS) Certification



# PAPHS History

- 2003 CDC Benchmarks
- 2005 Core Competencies
- 2008 Knowledge, Skills, & Abilities (KSAs)
- Academic Task Force and SMEs
- November 2008 Beta Exam
- March 2009 Live Exam Launched

# PAPHS Value

- Defines scope of practice
- Unified standard
- Validates the practitioners role
- Hiring/management tool
- Professional development
- Applicable beyond formal public health setting

# Most Important!

## Test Information

Where:	Pearson Vue Sites Nationwide
When:	Site availability, year round
How:	On-line only
Register:	<a href="http://www.pearsonvue.com/acsm/paphs">www.pearsonvue.com/acsm/paphs</a>
Cost:	\$150 ACSM or NSPAPPH member \$195 non-member

# Additional Information

- Resources for study and additional information available on the NSPAPPH and ACSM Websites:

[www.nspapph.org](http://www.nspapph.org)

[www.acsm.org](http://www.acsm.org)

# NSPAPPH: Current and Future Activities

- National Leadership role in National Physical Activity Plan
- Development of Public Health Sector
- Communication, Dissemination, Implementation

# NSPAPPH: Current and Future Activities

- Promote PAPHS certification
- 200 exams by Sept. 30, 2010
- Continue membership recruitment
- Continue and expand education and professional development opportunities
- Enhance website, resources and communication

# Why You Should Know About NSPAPPH

- Opportunities for communication, cooperation, coordination, collaboration
- Membership and Membership Benefits
- Credential

# Membership Fees

**Professional** (Reps and General Members)

First Time \$50; Renewal \$70

**Student** (College or University)

First Time \$25; Renewal

# Voting Representative

- A state voting representative is required to be an active member in at least one committee.
- State voting representatives are encouraged to solicit and recruit potential members within their respective state.

# NSPAPPH Committees

- Conference Planning and Coordination
- Professional Development & Training
- Governance and Membership
- Communications
- Nominations
- Policy
- Products, Programs and Services

**Where You Can Learn More**

[www.nspapph.org](http://www.nspapph.org)