



- Healthcare Sector Strategies:
 - Make physical activity “vital sign”.
 - Query on EMR; HEIDIS Measure
 - Establish physical inactivity as a treatable/preventable condition.
 - ICD and CPT codes for diagnosis
 - Utilize a health systems approach to promote physical activity.
 - Spread “best practices”; Ref to fitness pros



- Healthcare Sector Strategies (continued):
 - Decrease prevalence of PI (especially in disproportionately affected populations).
 - Focus on most inactive and underserved
 - Physical activity education.
 - Students, residents, and CME
 - Health care organizations advocate for increased physical activity in other sectors.
 - Healthcare providers as spokesperson for PA